Lesson 18

HOW TO ACCEPT CHANGE

"Instant Acceptance of Total Reality"

- 1. <u>Unchangeable Things</u>. I realize that all things change in the universe except the Eternal Trinity and the eternal Word of God.
- 2. <u>Prejudice And Bias</u>. I realize that I have certain built in prejudices and bias that are the result of my upbringing (environment).
- 3. <u>Sin Nature</u>. I realize I have a sin nature that wants to be self-centered so that I want what I want when I want it, and will change only when it benefits me. Self-centeredness makes me resistant to any change that threatens self.
- 4. <u>Limited Knowledge</u>. I realize I don't know everything and display a willingness to learn new things. I am not always right about everything.
- 5. <u>Adequate Facts</u>. When change is proposed, I do not react but act on the facts. I gather as much information as possible and enter into dialogue if possible with those who are proposing change.
- 6. <u>Risk Taking</u>. I am willing to take a risk (leap of faith) to try something new with the possibility of going back if it does not work out.
- 7. <u>Fluid Environment</u>. I realize that my environment and culture is changing and change is inevitable for everyone. Change means progress.
- 8. <u>Think Positive</u>. I realize while change may be painful, it may be ultimately helpful to me rather than a hindrance.
- 9. <u>Function And Form</u>. I realize the Bible teaches some things should never change (function) but other things can and will change (form).
- 10. <u>Reverse Thinking</u>. I will try honestly to put myself in the place of the person, group or organization that is proposing change so I can see the change from the other side.